



PSYCHIC NEWS

incorporating Two Worlds

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THE HEALING POWER OF CROP CIRCLES

BY LUCY PRINGLE

During this summer, Lucy Pringle, one of the world's leading crop circle photographers and researchers, can often be found hovering in a helicopter above fields around the UK.

Her images have been used – and continue to be used – worldwide on TV, and in films, books and magazines, including the 40th Anniversary Tribute Album to Led Zeppelin. In 2002, an exhibition of Lucy's aerial photography was nominated by the "Sunday Telegraph" art critic's choice.

A founding member of the Centre for Crop Circle Studies, Lucy is now widely known as an international authority on the subject, working with scientists from all over the world on the effects of electromagnetic fields on living systems.

Lucy is currently liaising with a medical research team investigating the temporary relief of Parkinson's disease inside genuine crop circles.

In a new book entitled "The Energies of Crop Circles," Lucy and James Lyons, a chartered engineer specialising in aeronautical research, investigate this fascinating topic. Subtitled, "The Science and Power of a Mysterious Intelligence," it runs to 432 pages and contains dozens of photographs.

Published by Destiny Books at £24.00, it is available from www.amazon.co.uk or can be ordered from bookshops. For signed copies, please visit Lucy's website at www.lucypringle.co.uk

THE elaborate and mysterious crop circles that have adorned the fields in southern England for the last 30 years are some of the most remarkable phenomena of our times.

However, over the years they have also come under substantial press bashing, featuring pranksters getting caught and even confessing to making some of the circles.



LUCY PRINGLE: "With the first recorded appearance of a crop circle formation more than 4,000 years ago, crop circles are an ancient part of Earth's and humanity's intertwined history."

Whatever anyone's opinion of where they come from, the fact is that genuine circles have profound effects – mentally, physically and sometimes spiritually – on many who visit them.

With the first recorded appearance of a crop circle formation more than 4,000 years ago, crop circles are an ancient part of Earth's and humanity's intertwined history that we are only now beginning to understand.

When we talk about the history of crop circles, despite the general view that this is a modern phenomenon, we find ourselves taking a journey into the distant past to the times of our ancestors.

Just as many artists painted small, almost unnoticed images of UFOs in their works, such as *The Annunciation* by Italian artist Carlo Crivelli in 1486, so did our forebears use whatever means they had on hand to record what they were actually witnessing in their lives; these records went unnoticed until recently.

This investigation leads to the wonderfully ancient and stylised Aboriginal cave drawings. These were unknown to the Western world until discovered by Joseph Bradshaw in 1981 in an overhanging rock shelter facing the Roe River in Western Australia.

Joseph Bradshaw was the first European to describe this style of Aboriginal art. These figures are known to the Ngarinyin Aboriginals as Gwion Gwion.

Thousands of such cave drawings are to be found in the Kimberley area. The stylised drawing, sketched by Mr Bradshaw, reveals people wearing strange headgear standing near a circular indentation on the ground (a crop circle?), with a kangaroo and a snake shown fleeing the scene in terror.

Meanwhile, six miles from Urfa, an ancient city in south-eastern Turkey, Klaus Schmidt made one of the most startling archaeological discoveries of our time: massive carved stones about 11,000 years old, crafted and arranged by prehistoric people who had not yet developed metal



THIS Mayan-themed crop circle formation appeared in July 2009 at Silbury Hill, near Beckhampton in Wiltshire.

tools or even pottery.

The megaliths predate Stonehenge by some 6,000 years. The place is called Göbekli Tepe. Mr Schmidt, a German archaeologist who has been working there for more than a decade, is convinced it's the site of the world's oldest temple.

The geometry found in the construction of this ancient temple mirrors the geometry we find in crop circles.

Another example is the assortment of spiral and circular carvings on the kerbstone at Newgrange in County Meath on the eastern side of Ireland.

Built around 3,200 BC during the Neolithic period, some of the carvings resemble the crop circles found in fields in the early 1990s.

A 1678 woodcut of the Mowing Devil is probably the most famous recorded crop circle event of early times. It shows a Devil-like person cutting the crop with a scythe.

The story behind this woodcut tells us of a farmer who, having rejected the price charged by a harvester, stormed off saying he would rather let the Devil take his oats.

That night he heard strange sounds and saw strange lights, only to find on entering his field the following morning that his crop had been cut in circles, frightening him to such a degree that he took to his heels and fled.

To more modern times, and in 1984 a design incorporating five crop circles suddenly appeared on the front page of the *Daily Mail*.

The reason for the unprecedented publicity was not so much the circles themselves, but the celebrity of the photographer, Labour MP Denis Healey, who later became Baron Healey of Riddlesden.

Returning over the South Downs from his usual Saturday morning shopping in Seaford, East Sussex, Mr Healey was amazed to see a single circle of about 40 feet in diameter surrounded by four smaller circles equidistant from each other and the centre of the circle.

A well-respected amateur photographer, Mr Healey rushed home to get his camera and recorded the formation.

A few more formations appeared in the 1980s, but it was the 1990s that saw the appearance of many more circles and an increasing public interest in the phenomenon.

For three decades, I've been one of the world's most intrepid and persistent researchers of the crop circle phenomenon. Focusing on data carefully gathered from personal research and the testimony of many others, I have separated fact from fiction alongside fellow researcher and friend James Lyons.

I first became interested in crop circles quite by chance. After my children left home, I found myself with a terrible bottomless void in my life, also known as "The empty nest syndrome."

I could either sink or swim. As we had just moved to Hampshire – the very area where early crop circles first appeared – since they were right on my doorstep I decided to explore them. Thus started a new and unexpected chapter in my life.

In 1990, while studying the energetics of a crop circle, I experienced a miraculous healing of a severe shoulder injury.

Inspired, I expanded my research to investigate the physical, psychological and energetic effects of these mysterious formations on people as well as on animals.

Over the years, I've documented many case histories of healing from temporary respite from arthritis, Reynaud's and Parkinson's diseases, to the permanent cure of muscle strains and chronic pain, to emotional healing and feelings of peace and happiness.

Drawing on the science behind the formation of the Northern Lights, James Lyons and I have shown how the same electromagnetic waves that produce these lights in the sky also interact with the Earth's magnetic field and ley lines to produce crop circles akin to the patterns of sand on a vibrating drum surface.

I often use dowsing as a way to identify



A MASSIVE crop circle in Milk Hill, Alton Barnes, Wiltshire, formed in the summer of 2001. Composed of more than 400 circles, which were perfectly aligned, it stretched over 1,500 feet.



THIS crop circle formation at Silbury Hill, near Beckhampton, Wiltshire, was reported in August 2004.

underlying sacred geometry within a field and explain how healing arises as the result of communication with the self-organising energy field of a crop circle.

As well as healings within circles, people talk of a wonderful sense of “oneness” or sanctity when in the circles rather like the feeling of awe and wonderment one can experience in a cathedral.

This can also be shown as a measurable spike in the brain stem of between 18 and 18.5 hertz. This is the threshold of the three major sensory systems – sight, sound

and touch.

Among many descriptions, people have termed this feeling as “peaceful, blissful and close to God,” “an intense sense of love, which lasted about an hour,” “an overwhelming feeling of vastness, wonder and love” and “a tremendous sense of wellbeing.”

A leading expert on crop circles and UFOs, British computer consultant Paul Vigay was one of the first people to experience and record electrical anomalies in crop circles.

On numerous occasions, Paul found that his mobile phone would not work when inside a crop circle, but it operated perfectly if outside. He would repeat this several times with exactly the same effect.

In 1990, Paul developed his first gismo called Mark One. It was initially designed to pick up weak electrical currents such as those coming from light switches and cables.

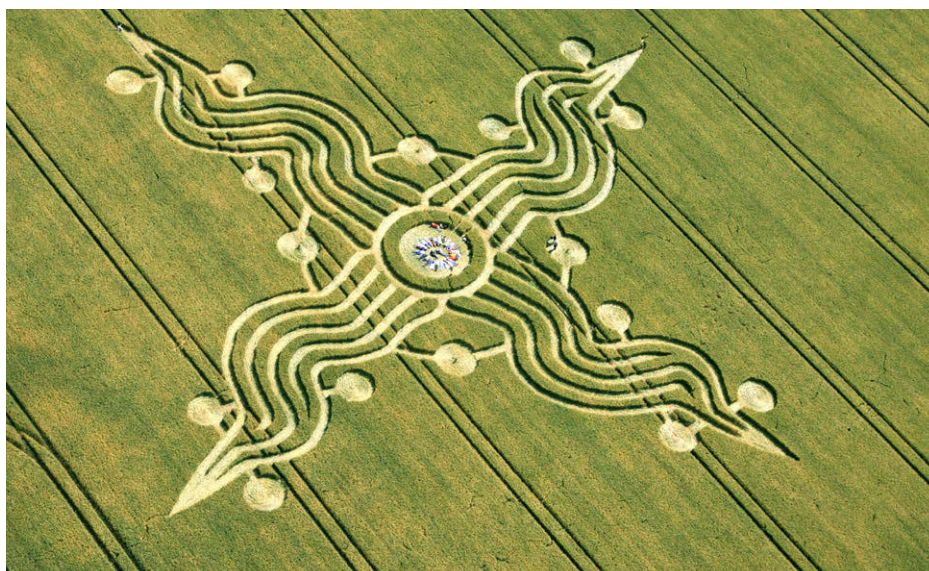
One day, at his parents’ house, Paul decided to test his detector against several bunches of wheat his mother had collected near a recent crop circle.

Paul was amazed at the different signals he got. One set gave a very strong reading whereas the other set did not.

On asking his mother about them, Paul realised that it was samples taken from inside the crop circle that were giving the strong reading while the others gave no reaction whatsoever. Whatever the “energy” of crop circles is, it can clearly remain active for some after their formation.

Here’s an ideal place to include some scientific analysis from Jim Lyons, who answers the question, “Why do crop circles have such a wide range of effects on so many different types of equipment?”

Jim states: “The energy of crop circles is a spiraling electric charge, like a tornado, which reveals its electric origin as filamentary structures rising vertically.



REPORTED in 2008, this formation was discovered at Westwoods, near Lockeridge, Wiltshire.

This is the basis of crop circle generation.

"In addition, within crop circles there are far narrower yet similar structures emerging from the earth's grid line structures at nodal points.

"If a laptop were to be located on such a spot, it would encounter a rotational electric field, which generates magnetic patterns on computer processing electronics.

"These can often lead to totally scrambled signals, which clearly can, at a minimum, distort information, but often can so disturb results as to be useless.

"It is almost impossible to anticipate such effects. These magnetic patterns often result in headaches of observers in these places.

"The future for the crop circle phenomenon is likely to grow as the topic of an electrical universe is growing.

"It is not without significance that the crop circle phenomenon has made, and continues to make, an inspiring contribution to this world-changing perspective of the cosmos.

"We are at last uniting ancient and modern science with life in general. Mankind in particular is being a highly significant component of this whole remarkable process."

No matter how dismissive sceptics may be about the volume of human and electrical anomalies, animal reactions and behaviour are more difficult if not impossible to ignore, so their behaviour is critical to this research.

We know from the effects on pilots' instruments that there is a vertical field of "energy" that extends to an unknown height above a crop circle. Therefore, it comes as no surprise that birds are affected.

One of our survey respondents reported: "Whilst sitting enjoying some

food and the view of the standing stones of Avebury, a wood pigeon flew across the field from an easterly direction.

"Just outside the formation, it seemed to almost hit a wall, making it veer suddenly around the formation to the north (it didn't overfly it at all). It then continued to fly to the west after its detour."

Exactly the same effect was recorded in Canada when a skein of geese veered sharply away from flying over a formation, only to regroup directly afterwards and continue on their way. Birds have magnetite in their brains and react to magnetic fields.

This started out as the most extraordinary summer with virtually no circles compared to other years, though several appeared in Hampshire where they made their comeback in the early 70s, 80s and 90s.

However, in late July that changed and there was a rush of circles from the end of July and also through August due to the late harvest.

The circles predominantly appeared close to ancient sites such as Iron Age hill forts. Being located on the energy lines crossover points, such sacred places have always attracted the circles.

Another problem has been that apart from two circles, entry has not been allowed. Here I think we need to understand that the crops lie on private land and are a farmer's livelihood, no matter how annoying it may be to us.

Sadly some people go in regardless with the result that if a farmer sees them, he will cut the circle out.

As you can imagine, this situation has created a problem with my tours for the first time in over twenty years. Therefore, I was not surprised to receive a few cancellations.

However, many people have never visited special areas of sacred sites in Wiltshire, so I took two lovely tours, which were much enjoyed by everyone.

All these places are situated uniquely in this ancient landscape. As we walked this venerable soil, we were treading the footsteps of our forefathers.

Most circles appear in Hampshire, my stamping ground, where the rash of circles started to emerge in the early 1980s.

At first, mostly simple single circles gradually appeared, evolving not only in complexity, but in location with Wiltshire becoming the main hub of activity over the years.

As interest grew, so the number of circles increased, just as the complexity, symbolism and geometry became more apparent.

The more they were welcomed, the number seemed to increase rising to a crescendo of circles in 1998 when I recall photographing over 60 circles – a truly bumper year!

In subsequent years, the number I recorded was in the 50s and 40s, gradually declining to the 30s and decreasing each year since.

What is the reason for this decline? As the number of circles rose, so the number of visitors increased, becoming a worldwide phenomenon.

At the same time, over-enthusiastic visitors were not always aware that it was private land and the crops are a farmer's livelihood. The majority of farmers gradually decided that they needed to protect their fields.

Another factor was the hoaxing element; groups appeared in greater numbers testing their skills without any thought for the poor farmers who were starting to feel beleaguered.

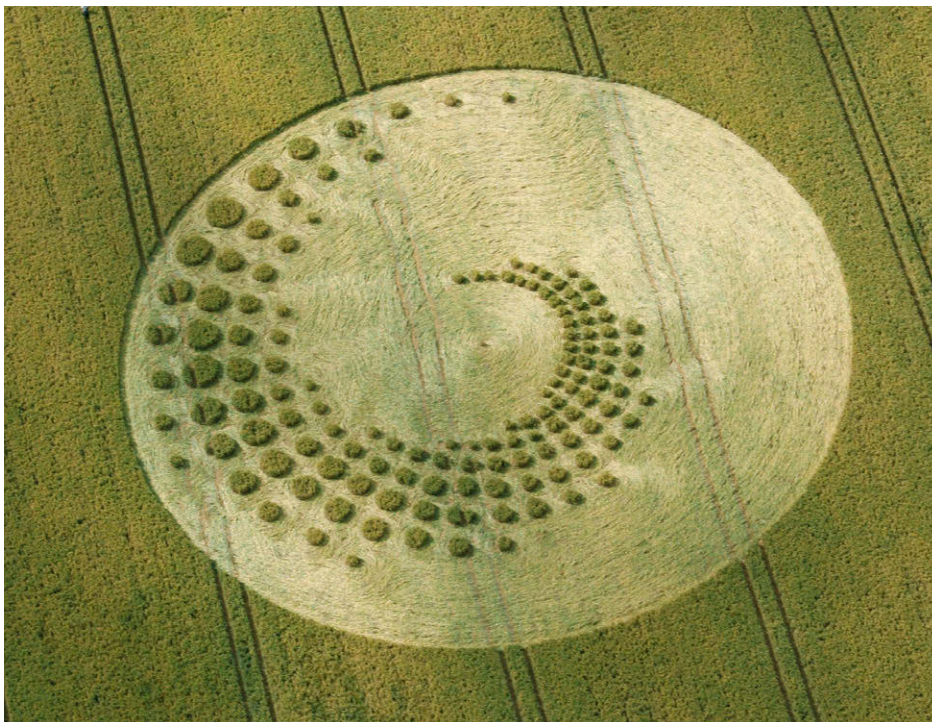
However, this decline did not deter the phenomenon, as many mind-blowing events have graced our land regardless.

Could the press – including some big names – also be held responsible for this decline, as they regularly featured the hoaxers in their press releases? A scientific paper I once sent was ignored by all.

So how do we know which is a genuine circle? That becomes a matter of experience in knowing how to discern the tell-tale signs and what to look for.

However, you need to be one of the very first people in a circle in order to conduct a physical examination before the crop is trampled and evidence unwittingly destroyed.

Getting into a circle to scrutinise it early is almost impossible now, so I rely on the results of my scientific research and the glaringly obvious extraordinary geometry of such unimaginable complexity, perfection and accuracy that it has to be



“HALFTONE SPIRAL” crop circle at Forest Hill, near Marlborough, Wiltshire, in July 2014.

beyond any human involvement.

I wonder how we view this phenomenon. Why have there been fewer circles over the years? It is hard to tell.

Could it be that the circles know they are no longer as welcome as they once were, as the majority of farmers now automatically cut them out as soon as they realise they have one on their land?

Could there also be an interaction between crop circles and a farmer’s reactions? We have so many instances of crop circles appearing in an almost identical form to ones thought up after group or single meditations that this is an area we cannot neglect.

I believe there is a Cosmic Universal

Consciousness. If indeed this is so, maybe we should take this a step further and ask if there is a Consciousness inherent in the crop circles that links itself to the human mind or vice versa.

To me the answer is a resounding “Yes!” as I believe that there is Intelligence behind this phenomenon. We are all part of this Universal Consciousness, which is multi-dimensional and multi-interactive.

This being so, we also have to take on board the awesome fact that in this we are all indeed part of each other.

So what is the future for the crop circles? That is a question I cannot answer, but I have a feeling that they came for a purpose – to teach us more about Universal Knowledge, our Cosmos and our wonderful planet on which we live, and how we should nurture it and ourselves for the good of all.

Not everyone will hear that message and maybe there will be other ways in future to convey this communication.

Someone once sent me an e-mail saying that the word “didactic” came to her when looking at pictures of the circles.

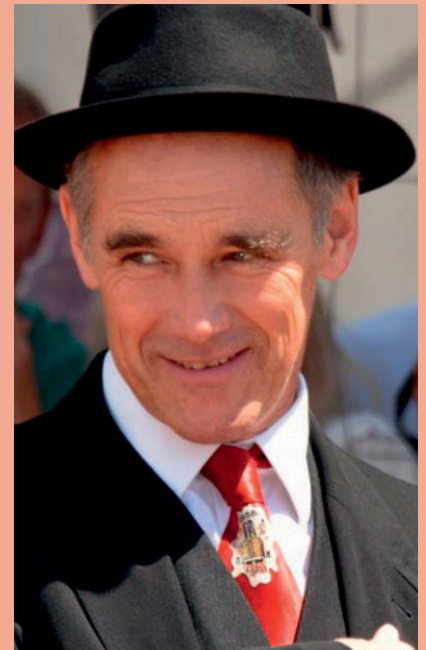
Not knowing what it meant, she looked it up and found “Designed or intended to teach; intended to convey instruction as well as pleasure and entertainment.”

Whether crop circles are finite or infinite, it seems to me that we still have a long way to go in this school of life.

■ **“Energies of Crop Circles: The Science and Power of a Mysterious Intelligence” by Lucy Pringle with James Lyons. © 2019 Destiny Books. Printed with permission from the publisher Inner Traditions International. www.InnerTraditions.com**



DATED 1678, a woodcut of the Mowing Devil “is probably the most famous recorded crop circle event of early times.”



MARK RYLANCE: “These formations in our fields are the most enigmatic mystery of our day.” (Photo: Georges Biard)

Famous actor praises book

HAVING read the book by Lucy Pringle and James Lyons, actor, theatre director and playwright Sir David Mark Rylance Waters – better known as simply Mark Rylance – commented:

“To fly with Lucy Pringle over a crop circle formation, or walk carefully among the miraculously woven wheat, is up there with standing next to Spielberg during filming; she is an expert.

“These formations in our fields are the most enigmatic mystery of our day, and yet millions who have never visited one write them off with spoon-fed explanations.

“I have followed the phenomenon since the late 80s, visiting well over a dozen first-hand, once as the first visitor. No one has ever convinced me they were all created by the human hand.

“Lucy’s exploration of the energy within the formations and its effect on our bodies is a particularly fascinating aspect of these beautiful messages in our fields. This is a book that will take you down many new and unexpected paths.

“A combination of compelling science and stories of extraordinary events recorded over a period of thirty years, this book lifts the crop circle phenomenon to previously unexplored levels of investigation, enhanced by Lucy’s wonderful photography. A must-read for all travellers of the known and unknown.”